

# food is not garbage

YOUR GREEN BIN COLLECTION MADE EASY AND CLEAN



westmount.org/greenbin



## food is not garbage

The Green Bin program is a very effective way to reduce the amount of material going to landfill and prevent the loss of a valuable resource: **food waste**.

#### What is compost?

Composting is the process of biological digestion of organic matter. It results from the action of microorganisms breaking down organic matter, such as food residues, in the presence of oxygen. This produces a soil rich in fertilizing compounds: **compost**.

#### Did you know that?

- Food waste represents about 50% of the contents of a garbage bag
- Burial of food waste contributes to groundwater contamination and to the production of methane, a greenhouse gas 25 times more powerful than CO<sub>2</sub>
- In addition to being polluting, landfilling is expensive for cities and taxpayers.
- The Quebec Residual Materials Management Policy aims to prohibit organic materials in landfills.

#### Thank you for your efforts!

Since the beginning of the food waste collection in 2009, thousands of metric tons have been diverted from landfills.

For more information, visit

westmount.org/greenbin



#### it's easier than you think

#### Multi-unit housing



#### STEP 1

Add a compostable plastic or paper bag inside your kitchen counter bin.

#### Residential



#### STEP 1

Keep your green bin clean and dry by placing a few sheets of newspaper or paper towels at the bottom.



#### STEP 2

Wrap your food waste in newspaper or place it directly in your bin.



#### STEP 2

Add a compostable plastic or paper bag inside your green bin.



#### STEP 3

Tie the bag or fold down the newspaper and transfer the contents into your building's green bin.



#### STEP 3

Wrap your food waste in newspaper or place it directly in your green bin.

#### To line your bin, use:

- Absorbent paper or paper bags
- Newspaper, leaflets or cardboard boxes
- Paper food waste bags
- Certified 100% compostable plastic bags with at least one of the following certification logos:











#### accepted materials











#### Raw, cooked or rotten residues:

- Fruits and vegetables
- Meat and poultry, including bones, skin and entrails
- Fish and seafood, including bones and shells
- Solid dairy products and eggs, including the shells
- Pasta, bread, rice and cereals
- Cakes, biscuits, candies and sweets
- Coffee grounds, filters and tea bags
- Nuts and shells
- Animal food

#### Other materials:

- Soiled paper and cardboard (pizza boxes, cardboard plates, paper towels, napkins, etc.)
- Hair, feathers and fur
- Indoor plants and cuttings
   (Please note: garden waste is collected separately by the City)

#### refused materials













- Recyclable and non-organic materials
- Liquids (soup, milk, juice, coffee, oils, fats, etc.)
- Hazardous household products
- Plastic, aluminium, styrofoam or waxed packaging
- Elastics and identification stickers
- Wood, ashes and corks
- Chewing gum and cigarette butts
- Disposable clothing, fabric softeners and cleaning products
- Diapers, sanitary products, cotton stems and make-up remover wipes
- Dead animals, litter and excrement
- Vacuum cleaner bags and their contents
- Oxo-biodegradable or biodegradable bags
- Garden waste (collected separately by the City), soil, stones and sand
- Certified compostable plastic dishes and containers

## tips and tricks



#### Slow down the decomposition

of the food waste by keeping it frozen or refrigerated until the day and keep your bin in the shade during summer



#### **Avoid odours**

by placing sheets of newspaper or pieces of cardboard at the bottom of your bin to absorb moisture



## Keep insects and vermin away

with salt, vinegar, baking soda or mentholated ointment



### Empty your bin every week

by placing it out for collection, no matter the amount collected

#### maintenance



Wash your bin with water and a mild detergent

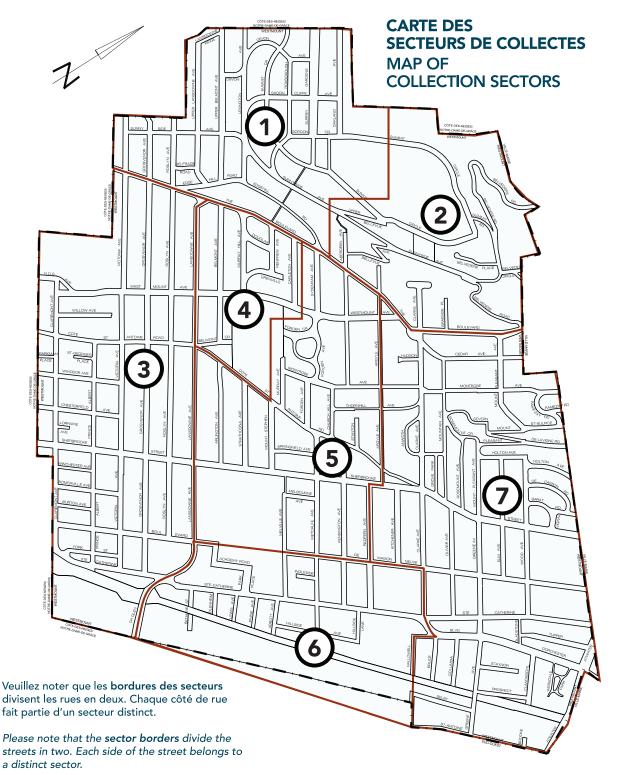


Sprinkle baking soda in your bin



Kitchen counter bins can be put in the dishwasher







MULTILOGEMENTS DE 30 UNITÉS ET PLUS MULTI-HOUSING OF 30 UNITS OR MORE

Lundi | *Monday* 2, 5, 7 Mardi | *Tuesday* 1, 3, 4, 6

TOUS LES BÂTIMENTS ALL BUILDINGS

Jeudi l *Thursday* 2, 5, 7 Vendredi l *Friday* 1, 3, 4, 6



Mercredi | Wednesday Tous | All



Lundi I *Monday* 2, 5, 7 Mardi I *Tuesday* 1, 3, 4, 6



 Lundi | Monday
 1, 2

 Mardi | Tuesday
 3

 Mercredi | Wednesday
 4, 5, 6

 Jeudi | Thursday
 7



**bordure de rue ou de ruelle accessible avant 7 h** place curbside or along accessible lanes before 7 a.m.

#### ARRÊTEZ LES DÉPÔTS ILLÉGAUX! STOP ILLEGAL DUMPING!

Il est **strictement interdit** à quiconque de se débarrasser de déchets privés, tels que :

- Ordures, recyclage, résidus alimentaires
- Résidus verts
- Débris de constructions et déchets dangereux dans les **poubelles** ou sur les **espaces publics**.

It is **strictly prohibited** for anyone to dispose of private waste such as:

- Garbage, recycling and food waste
- Green waste
- Construction debris and hazardous waste

in public bins and within public spaces.

